Aledo ISD SHAC meeting – March 18, 2019

I. Call to Order ~ Meeting started at 5:36pm; 23 members were present.

II. Public Comment ~ No one was present for public comment.

III. Future meeting dates / times ~ lone future meeting date of April 29 was confirmed

IV. Minutes from January 28 meeting ~ Minutes from previous meeting were distributed and reviewed; members were asked if there were any changes, questions, or comments about the minutes. A question was asked to clarify about the approved Vaping video from the January 28 meeting and if another video was going to be considered. Members were told another video would be presented at this evening’s meeting.

V. Recovery Resource Council ~ A vaping and e-cigarette prevention program for use with middle school students was proposed and reviewed. The program is created and delivered by the Resource Recovery Council, a non-profit in Fort Worth intent on promoting wellness and recovery resources from alcohol and substance use. The Recovery Resource Council program consists of a power point in the form of Who Wants to Be A Millionaire? with targeted questions and follow-up specific to vaping and e-cigarettes. The program is proposed to be delivered to all 7th/8th grade students in a large-group (approx 250 students) assembly. The SHAC lacked a quorum at the meeting, so a vote of membership will be taken by proxy. Voting members who were present favored approving the program, 14-0. [NOTE: approved 12-0 on 4.1.2019]

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VI. **Juuling and Vaping: What the Latest Research Shows** ~ As requested at the last SHAC meeting on January 28, a more current video on vaping and e-cigarettes for use in high school credit health courses was found and presented for approval. Video was watched in its entirety (approx 21 minutes). The collective sentiments of the members present were that this video was much more favorable than the video – *Vaping: More Dangerous Than You Think* – viewed on January 28. Reasons given were that the information was more current and relevant. Much of the newer video covered the topic of Juuls and Juuling. Additionally, there was no mention in the newer video of vaping marijuana and alcohol, which caused some heartburn in the previously approved video. The SHAC collectively agreed that showing the newer video to parents would be both prudent and appropriate. The SHAC lacked a quorum at the meeting, so a vote of membership will be taken by proxy. Voting members who were present favored replacing the previously approved video with the newer one and making it approved for all grades in middle school and high school, 14-0. [NOTE: approved 13-0 on 4.1.2019]

VII. **Serenity House Positive Action survey** ~ A survey to accompany the Positive Action Program – approved for use at AMS earlier this year – was presented and approved. It was discussed that when the *Too Good For Drugs* program was approved several years ago it included a survey (pre-test/post-test) component. However, due to concerns raised by parents that the survey was introducing kids to things they otherwise didn’t know about, Aledo ISD decided to discontinue the use of the survey. The staff at Serenity House, who facilitates both the *Too Good for Drugs* and *Positive Action* curriculums came again seeking to use the now-revised survey. A copy of the survey was shared and discussed. The benefits described of using the survey in conjunction with both curriculums were that it could allow us to demonstrate some level of gained knowledge by students, and also create data to show students’ perceived level of harm of certain substances, including vapes/Juuls/e-cigarettes as well as where students report obtaining different substances. Discussion ensued related to the reliability of the survey responses and how honest students would be. It was mentioned the survey do not collect any identifiable information and that privacy and confidentiality are stressed. The SHAC lacked a quorum at the meeting, so a vote of membership will be taken by proxy. Voting members who were present favored approving the program, 13-0. [NOTE: approved 9-0 on 4.1.2019]
VIII. **Drug testing students** ~ Aledo is considering expanding its current drug testing program to include more students. Presently, the drug testing program includes only students who participate in UIL athletics activities. Input from the SHAC was sought to take forward to a group of Aledo ISD staff who are considering changes. The discussion was brief, but notable comments from members included concerns that students are tested frequently and multiple times per school year; that football players are not tested; that students assert there are ways to beat the test; and that nicotine is not a substance that is tested for. Members were encouraged to share additional thoughts with Scott Kessel, as time did not allow for additional conversation.

IX. **Adjournment** ~ Meeting adjourned at 7:05pm

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