Aledo ISD SHAC meeting – January 28, 2019

I. **Call to Order** ~ Meeting started at 5:34pm, 25 members were present.

II. **Child Nutrition report** ~ Patty Willhite, Director of Child Nutrition, shared information about the food services available through the Child Nutrition Department in Aledo ISD. In addition to samples from AISD cafeterias being provided, Patty briefly shared details regarding state and federal requirements for school meals, as well as an overview of the promotional activities they push out through the course of the school year.

III. **Public Comment** ~ No one was present for public comment.

IV. **Future meeting dates / times** ~ Future meeting dates of March 18, April 29 were confirmed

V. **Minutes from November 5 meeting** ~ Minutes from previous meeting were distributed and reviewed; members were asked if there were any changes, questions or comments about the minutes. Nothing was amended and minutes from November 5, 2018 meeting will posted to website.
VI. **Vaping: More Dangerous Than You Think**  ~ Video was proposed and approval was requested for use in high school health courses. The video was viewed in its entirety (approx. 18 minutes) and discussed. Following the viewing of the video, there was discussion about vaping, the prevalence of vaping at AISD schools, the current efforts to combat the use at schools, and the challenges with monitoring and enforcing rules at school. Students commented that there is a 50/50 chance a video like this would be effective because some kids may already be using and addicted and video would not be effective with those; students also added that some sort of visual (like the smoker’s lungs shown to CNA students) would be effective too. Students also added that something for younger grades may do more to help prevent students from ever beginning to use vapes. A couple of parents expressed concerns about the content included in the video related to vaping alcohol; specifically the concern was that the video might almost serve as a ‘how-to’ video. This stemmed from agreement amongst the group that there was little knowledge that alcohol could be used in a vape nor – most especially – how to do so. Under the presumption that a student audience also would not know this prior to watching the video, but would know after watching. Additional discussion revolved around opportunities to create and reinforce more awareness amongst parents through both written and face-to-face opportunities. Further questions were raised about the age of the video. It was published in 2014, and the Juul brand was not created until 2015, so there was no mention of Juuls nor Juuling in the video. It was discussed and agreed on that some research would be done to see if a more current video – either by the same or a different publisher – were available. [footnote: a newer video by the same publisher is available and is being ordered. It may require approval by SHAC at a future meeting]. A vote was taken to approve the video for use in high school health courses. A vote was taken and the video was approved 16-2.

VII. **Wellness Policy Review**  ~ An overview of the Aledo ISD Wellness Policy was given and copies of the current goals and objectives were distributed. Members were asked to review them prior to the next meeting when we will have further discussion and ask for feedback.

VIII. **Adjournment**  ~ Meeting adjourned at 7:06pm