

Specialized Counseling Centers

Freedom House Provides services for victims of crime, domestic violence, sexual assault 167 College Park Weatherford (817) 596-7543 24 Hour Hotline: (817) 596-8922

Family Violence Counseling Center (Safe Haven Women's Shelter) 401 West Sanford Suite 1900 Arlington 76011 1(877)701-7233 (24 hour hotline) Information: Temporary shelter for domestic violence victims (30 day maximum stay); Single women/women with children; Communal living; Counseling and Informational groups provided; Legal services offered; Child advocates and programs)

The Warm Place Provides free group counseling for children going through the grief process. 809 Lipscomb Street, Fort Worth (817) 870-2272 www.thewarmplace.org

The Art Station Non-profit organization that offers individual and group art therapy 1616 Park Place Fort Worth (817) 921-2401 contact: Jennifer Johnson www.theartstation.org

Phoenix House Dallas 2345 Reagan St. Dallas, TX 75219 844-748-3927 <http://www.phoenixhouse.org>
Services offered: individualized, holistic drug and alcohol addiction treatment. Most major insurance accepted.

Restoration Counseling 550 Bailey Ave., Suite 302 Fort Worth 76107 817-291-9872
www.restorationccc.com Specializes in: Dialectical Behavior Therapy (DBT), Neurofeedback, Intensive Outpatient Therapy, Individual and Group formats, Skills Training, Psychological assessments

Eating Recovery Center 4200 S. Hulen #436, Fort Worth, TX 76109 817-952-8180 Specializes in : comprehensive treatment for anorexia, bulimia, binge eating disorder and other unspecified eating disorders www.eatingrecoverycenter.com

Teen Challenge of Texas 1099 Flat Rock Rd, Azle, TX 76020 Specializes in residential drug and alcohol treatment for boys. <http://teenchallengetxt.org/>

Fort Behavioral 7140 Oakmont Blvd, Fort Worth, 76132, 817-776-4464, residential substance use disorder treatment adolescent males 14-17; Camp Wolf is a residential treatment program for autism spectrum disorders ages 11-16 <https://fortbehavioral.com/>

Clearfork Academy 7820 Hanger Cut Off Rd., Fort Worth, 76135 residential substance use disorder treatment adolescent males 13-18 year old adolescent males. <https://clearforkacademy.com/>

Crisis Assessment and Evaluation

Texas Health Resources Behavioral Health 101 Crown Point Blvd. 2717 Tibbetts Dr. Willow Park, TX 76087 Bedford, TX 76022 817-757-1500 817-355-7700 www.texashealth.org/behavioral-health/

Pecan Valley Centers (Behavioral Health) MCOT (Mobile Community Outreach Team) 1715 Santa Fe Dr P.O. Box 894 Weatherford, TX 76086 817-599-7634 **Crisis line:** 1-800-772-5987
www.pecanvalley.org

Excel Center of Millwood Hospital A specialized day treatment center meeting the emotional, behavioral and/or chemical dependency needs of children 5-18. Insurance accepted. (Fort Worth) (817) 335-6429 www.theexcelcenter.com

Mesa Springs No cost assessment for addiction, mental health, and co-occurring disorders. Adolescent inpatient, intensive outpatient, PHP, and family support services all available. 5560 Mesa Springs Dr. Fort Worth, TX 76123 817-292-4600 www.mesasprings.com

Innovations – Child and Adolescent Day programs Partial Hospitalization Program and Intensive Outpatient Program for children elementary – high school aged. Services provides services for depression, anxiety, aggression, defiance, self-harm and others. Complimentary transportation is available. Education services provided. 6421 Camp Bowie Blvd. Fort Worth, TX 76116 817-292-4600

Excel Center of Willow Park Provides specialized treatment for adolescents who have emotional, behavioral and/or substance abuse concerns. Offers short term outpatient treatment services. 136 El Chico Trail, Suite 104-105, Willow Park, TX 76087 817-678-8808 www.excelwillowpark.com

Perimeter Behavioral Hospital of Arlington Provides inpatient and outpatient treatment for children (5-12), adolescents (13-17) Young Adults (18-25) for the specific treatment of trauma, mental health, and chemical dependency challenges. 7000 US Hwy 287, Arlington, 76001, 817-662-6341
<https://www.perimeterhealthcare.com/facilities/perimeter-behavioral-hospital-of-arlington/>

Mind Above Matter Provides Day and Evening inpatient and outpatient treatment for adolescents (11-18) 2915 S Burlison Blvd, 76028, 817-447-3001 www.mindabovematter.com

Parenting Information/Assistance

The Parenting Center 2928 West 5th Street Fort Worth, Texas 76107 (817) 332-6348
www.theparentingcenter.org Parenting Advice Line (M-5 12-3) (817) 332-6399 Services offered: Co-parenting/Family Transitions services, first-time young parents; individual/family therapy; group therapy; marriage counseling; play therapy, family life education classes, in home case management.

Family Matters Counseling Office of the Lena Pope Home Offices in Arlington, Fort Worth, Hurst
Erin Fairleigh (817) 255-2652 (call for referrals) (817) 731-8839 (24 hour help line answered by a licensed counselor) Specializes in: Individual/ Marital/Group counseling/Parenting groups/Anger Management groups Information: Accepts several insurance plans or sliding scale fees

Thepuretruth.net Charley Rickey, Executive Director 919 E. Eureka Street Weatherford 76086
817)599.9080 Charley@gracehouseministries.net

212 In Home Behavioral Program www.jalcaseals.com/212-in-home-behavioral-plan/

Lee Counseling Services, 108 S. Brazos, Weatherford, TX 76086, 682-514-9225, .
www.LeeCounselingServices.net

Suicide Prevention

National Suicide Prevention Lifeline <http://www.suicidepreventionlifeline.org> / **For immediate after-hours support call 1-800-273-TALK (8255)**

National Suicide Prevention Resource Center <http://www.sprc.org/>

Texas Suicide Prevention Resources <http://www.texasuicideprevention.org/>

Texas Health Resources Behavioral Health 101 Crown Point Blvd. 2717 Tibbetts Dr. Willow Park, TX 76087 Bedford, TX 76022 817-757-1500 817-355-7700

Pecan Valley Centers (Behavioral Health) MCOT (Mobile Community Outreach Team) 1715 Santa Fe Dr P.O. Box 894 Weatherford, TX 76086 817-599-7634 Crisis line: 1-800-772-5987

Christian Based Counseling

Safe Harbor Counseling Provides access to a variety of licensed counselors 1515 Fort Worth Highway Weatherford, Tx 76086 (817) 441-9345

Family Counseling and Wellness Center Dr. Joy McInvalc: Counselor 1349 Precinct Line Hurst 76053 (817) 268-6735 www.817counsel.com Work with: Children/Adolescents/Adults Specializes in: Self Esteem; Children of Divorce; Anger Management; Eating Disorders; ADD/ADHD; Spiritual./Religious concerns; Depression; Anxiety; Grief; Addictions; Divorce; Substance Abuse; Eating Disorders; Stress Management; Sexual Abuse/Trauma; Play Therapy

Tamara Helton and Marjean Nelson 1674 Keller Parkway (in the Cambridge Woods Office Complex) Keller 76248 (817) 741-7999 Specialize in: Children; Adolescents; Adults; Couples; Play Therapy; Broad range of issues; Christian-based counseling available Tamara Helton – Works primarily with individuals 10years and older Marjean Nelson – Works primarily with individuals 6-7 years and older

Cornerstone Counseling Center 4037 Parchman St Fort Worth 76180 (817) 595-2520 www.cstonecounseling.org Potential Contacts: Peggy Nix – Play Therapy; Shirl Benton Specialize in: School related issues; children/adolescent/family therapy; play therapy; marriage therapy; wide variety of issues

Family Christian Resources 6250 North East Loop 820 Fort Worth 76180 (817) 281-0101, ext. 1 Specialize in: Families; Individuals; Adolescents; Children

The Center for Christian Counseling 209 North Industrial Blvd. Ste 237 Bedford 76021 (469) 635-2200 <http://www.c3christiancounseling.com> Specializes in: Marriage/Premarital/Family/Individual Counseling

Lee Counseling Services, 108 S. Brazos, Weatherford, TX 76086, 682-514-9225,.

www.LeeCounselingServices.net

ChristianWorks- 2214 Hemphill St., Fort Worth, TX 76110 (817) 502- 7789 Services: Play therapy, individual, family. <https://www.christian-works.org/counseling-works/> Does not accept insurance- offer sliding scale.

Counseling List of Play Therapy

Five Points Counseling- Steffanie Strawbridge 5608 Malvey Ave., Suite 104, Fort Worth, TX 76107 - (682) 401-0860- fivepointscounseling@gmail.com Does not accept Insurance.

Center For Counseling and Family Relationships- 4500 Mercantile Plaza Drive, Suite 307, Fort Worth TX 76137- (817) 232-9400 – Play Therapy, EMDR, Family Therapy <https://ccfam.com/> Accepts Insurance- Check for your provider.

Lifeologie Counseling- 1208 W. Magnolia Ave., Suite 200, Fort Worth, TX 76104 – (817) 870-1087 <https://wefixbrains.com/fortworth-counseling/> Services: play therapy , EMDR, Family Counseling, Addiction Counseling, Eating Disorders, grief counseling, LBGTQ support – Insurance: No- Sliding scale and reduced fees.

Terra Therapies 3200 Riverfront Drive, Suite 108, Fort Worth, TX 76107- (817) 887- 9505 <https://terratherapistx.com/> Services: Play Therapy, counseling- Accepts Insurance- Check for your provider.

Taylor Counseling Group 101 Summit Ave, Suite 204, Fort Worth, TX 76102- (214) 530-0021- Services: Play Therapy, Individual, Family <https://taylorcounselinggroup.com/locations/fort-worth/> Does not accept insurance.

Mid Cities Counseling 255 Elk Dr., Suite B, Burleson, TX 76028- (817) 888-8131- Service- Individual, Family, Play Therapy <https://www.midcitiescounseling.com/home.html>

Lake Worth Counseling 4516 Boat Club Road, Suite 106, Fort Worth, TX 76135- (817) 238-0106 Services: Individual, Play Therapy, Family Therapy, EMDR, Psychological Evaluations <https://www.lwc.care/> Accepts Insurance- Check for your provider.

True Self Counseling 101 S. Jennings Ave., Unit 104, Fort Worth, TX 76104 (817) 200-7429 – Services: Play Therapy, Family Therapy, Teens, Group, <https://www.trueselfcounselingfw.com/> Does not accept insurance.

ChristianWorks- 2214 Hemphill St., Fort Worth, TX 76110 (817) 502- 7789 Services: Play therapy, individual, family. <https://www.christian-works.org/counseling-works/> Does not accept insurance- offer sliding scale.

University of North Texas Child and Family Resource Clinic Program Director: Leslie Jones 1180 Union Circle Denton, TX 76203 - (940) 565-2066 <https://coe.unt.edu/child-and-family-resource-clinic>

The Child and Family Resource Clinic is a counseling and training clinic that serves the Denton County community. The CFRC offers counseling to children, adolescents, adults, couples, and families for issues including learning, emotional, and adjustment difficulties. The CFRC's purpose is twofold: to provide professional and responsible services to clients who request them and professional, competent training for graduate students. Services: Counseling, play therapy, child and adolescent counseling.

Gina Galloway, Ph.D. 1660 Keller Parkway, Suite 103 Keller 76248 (817) 932-3105
www.ginagalloway.com cgalloway@hotmail.com Specializes in Play Therapy, Individual, Couples, & Family

Parker County Counselors/Therapists

Maverick Street Counseling, 104 Maverick (Aledo) (817) 441-8979,
www.maverickstreetcounseling.com

Counseling by Debbie 682-234-5298, Aledo, TX Specializes in: Depression, anxiety, trauma grief, loss, play therapy

Alliance Child and Family Solutions 817-851-2042 www.acfstexas.com

Farhat Family Counseling 117 John Street, Aledo, TX 76008, 817-952-9287, ages 3-18, parents, and families <http://www.farhatfamilycounseling.org/>

Safe Harbor Counseling Center, Inc., 207 Canyon Court, Willow Park, TX 76087, 817-441-9345
<http://www.safeharborcounseling.org/>

Lee Counseling Services, 108 S. Brazos, Weatherford, TX 76086, 682-514-9225 (Medicaid/Medicare)

Mary Beth Dennie, 300 S. Main Suite 201, Weatherford, TX 76086, 817-629-9132

Counseling with April, April Carpenter, 106 Austin Avenue Suite 201, Weatherford, TX 76086, 682-803-0201

Linda Levine, 106 Austin Avenue Suite 107, Weatherford, TX 76086, 817-371-1388 (Medicaid)

Tarrant County Counseling Services

Lindsay Sorensen Counseling, 855 Texas St., Fort Worth, 76102, (817)714-5226, (Adolescents) depression, anxiety, substance abuse, addiction, anger management, poor school performance, eating disorders, self-harm and suicidal behaviors, <http://lindsaysorensen.com/>

Leigh Ann Smith, LPC (Adolescents) depression, anxiety, depression, substance abuse
<http://www.fortworthcounselorleighannsmith.com/>

Counseling by Penny Haight, LPC-S 4545 Bellaire Dr. S Fort Worth 76109 (817)657-1115
penny@counselingbypenny.com Specializes in: Depression, anxiety, trauma grief, loss, play therapy

Russell Dean 3509 Hulen Suite 100, Fort Worth, 76107 (817) 241-3241
<https://www.psychologytoday.com/us/therapists/russell-martin-dean-fort-worth-tx/828437>

Lake Worth Family Counseling 4516 Boat Club Rd Suite 106, Fort Worth, 76135 (817)238-0106
individual, play therapy, EMDR, family counseling, evaluations <http://www.lwc.care/>

Fort Worth Counseling and Intervention 550 Bailey Avenue #235, Fort Worth, 76107 (817)304-7549
Individual and Family Counseling, <https://www.fiveai.com/>

Lifeologie 1208 W. Magnolia Ave. #200, Fort Worth, 76104, (817)870-1087 Individual and Group
Counseling, <https://wefixbrains.com/fortworth-counseling/our-specialties/>

Paulina Guzzardo, Phd, LPC 4200 S. Hulen St. Frost Bank Bldg., Fort Worth, 76109, (817)438-2760
Youth Specialist, Individual and Family Counseling, <https://paulinaguzzardo.com/>

David Welsh, Phd, PC, 6040 Camp Bowie Blvd., Fort Worth, 76116, (817)735-8299 Individual and
Family Counseling, <http://www.drdauidwelsh.com/drdauidwesh/>

Counseling by Debbie Thornton, LPC (former AISD counselor) 3509 Hulen Street, Suite 100, Fort
Worth, 76107, (682)234-5298, Counselingbydebbie@gmail.com

Lauren Leising, LMFT, 6410 Southwest Blvd #230, Fort Worth, 76109 817-846-8012, www.LaurenLeising.com

Erath County/Stephenville Counseling Services

Lovell Counseling Services (254) 968-4020

Serenity Place Counseling (254) 968-2993

Cathy Gregory; MSW, LCSW (254) 592-4365

Gina Martin; MS, LPC (254) 644-6975

Jeannie Howard; MS, LPC (254) 977-3339

Bilingual Psychotherapists:

Rick Saldivar, LCSW (817) 360-2983

Zoricelis Davila, LPC (817) 207-9119

Assessment and Evaluation

Child Study Center 1300 West Lancaster Fort Worth 76102 (817) 336-8611 Services offered: Developmental-behavioral pediatric evaluation and treatment ; Diagnostic/academic therapy; School consultation; Psychological evaluation and treatment ; Individual psychotherapy ; Medication management ; Group psychotherapy; Family counseling; Behavior management classes for parents; Educational evaluations ; Pre-School therapeutic classes ; Special education; Applied behavior analysis
<http://www.cscfw.org/>

Link-Ed 101 Summit Ave Ste 612, Fort Worth, TX 76102 (817)338-4752 Comprehensive diagnostic educational evaluations www.link-ed.org

Lake Worth Counseling 4516 Boat Club Road, Suite 106, Fort Worth, TX 76135- (817) 238-0106 Services: Individual, Play Therapy, Family Therapy, EMDR, Psychological Evaluations
<https://www.lwc.care/> Accepts Insurance- Check for your provider.

Restoration Counseling 550 Bailey Ave., Suite 302 Fort Worth 76107 817-291-9872
www.restorationcec.com Specializes in: Dialectical Behavior Therapy (DBT), Neurofeedback, Intensive Outpatient Therapy, Individual and Group formats, Skills Training, Psychological assessments

Telos Project 1650 W. Rosedale St. #305, Fort Worth, 76104 (682)841-1475 Individual and Family Services, Psychological Assessments, <https://www.thetelosproject.org/services>

Girls to Women/Young Men's Health & Wellness 4200 S. Hulen St. #450, Fort Worth, 76109 (817)524-1811 Psychological and Nutritional Services for Adolescents, <https://www.gtw-health.com/>

Fair Winds Assessment & Counseling Center 6551 Harris Pkwy #240, Fort Worth, 76132 (817)735-4165, Individual, Assessment and Evaluation, Career and Vocational Assessment
<https://www.fairwindsmentalhealth.com/>