

Specialized Counseling Centers

Freedom House Provides services for victims of crime, domestic violence, sexual assault 167 College Park Weatherford (817) 596-7543 24 Hour Hotline: (817) 596-8922

Family Violence Counseling Center (Safe Haven Women's Shelter) 401 West Sanford Suite 1900 Arlington 76011 1(877)701-7233 (24 hour hotline) Information: Temporary shelter for domestic violence victims (30 day maximum stay); Single women/women with children; Communal living; Counseling and Informational groups provided; Legal services offered; Child advocates and programs)

The Warm Place Provides free group counseling for children going through the grief process. 809 Lipscomb Street, Fort Worth (817) 870-2272 www.thewarmplace.org

The Art Station Non-profit organization that offers individual and group art therapy 1616 Park Place Fort Worth (817) 921-2401 contact: Jennifer Johnson www.theartstation.org

Phoenix House Dallas 2345 Reagan St. Dallas, TX 75219 844-748-3927 <http://www.phoenixhouse.org>
Services offered: individualized, holistic drug and alcohol addiction treatment. Most major insurance accepted.

Restoration Counseling 550 Bailey Ave., Suite 302 Fort Worth 76107 817-291-9872
www.restorationcec.com Specializes in: Dialectical Behavior Therapy (DBT), Neurofeedback, Intensive Outpatient Therapy, Individual and Group formats, Skills Training, Psychological assessments

Eating Recovery Center 4200 S. Hulen #436, Fort Worth, TX 76109 817-952-8180 Specializes in : comprehensive treatment for anorexia, bulimia, binge eating disorder and other unspecified eating disorders www.eatingrecoverycenter.com

Teen Challenge of Texas 1099 Flat Rock Rd, Azle, TX 76020 Specializes in residential drug and alcohol treatment for boys. <http://teenchallengetx.org/>

University of North Texas Counseling and Human Development Clinic Contact: Diane Moser 1400 Highland Street - Denton - Stovall Hall (940) 565-2970 <http://counseling.unt.edu/> Services offered: individual and group counseling services to clients of all ages; Counseling to address personal, social, and emotional concerns; Traditional individual and group counseling; Biofeedback; Play therapy; Activity therapy; and Career counseling.

Assessment and Evaluation

Child Study Center 1300 West Lancaster Fort Worth 76102 (817) 336-8611 Services offered: Developmental-behavioral pediatric evaluation and treatment ; Diagnostic/academic therapy; School consultation; Psychological evaluation and treatment ; Individual psychotherapy ; Medication management ; Group psychotherapy; Family counseling; Behavior management classes for parents; Educational evaluations ; Pre-School therapeutic classes ; Special education; Applied behavior analysis <http://www.cscfw.org/>

The Learning Center of North Texas 101 Summit Ave Ste 612, Fort Worth, TX 76102 (817)338-4752 Comprehensive diagnostic educational evaluations www.link-ed.org

Texas Health Resources Behavioral Health 101 Crown Point Blvd. 2717 Tibbetts Dr. Willow Park, TX 76087 Bedford, TX 76022 817-757-1500 817-355-7700 www.texashealth.org/behavioral-health/

Pecan Valley Centers (Behavioral Health) **MCOT** (Mobile Community Outreach Team) 1715 Santa Fe Dr P.O. Box 894 Weatherford, TX 76086 817-599-7634 **Crisis line:** 1-800-772-5987 www.pecanvalley.org

Excel Center of Millwood Hospital A specialized day treatment center meeting the emotional, behavioral and/or chemical dependency needs of children 5-18. Insurance accepted. (Fort Worth) (817) 335-6429 www.theexcelcenter.com

Mesa Springs No cost assessment for addiction, mental health, and co-occurring disorders. Adolescent inpatient, intensive outpatient, PHP, and family support services all available. 5560 Mesa Springs Dr. Fort Worth, TX 76123 817-292-4600 www.mesasprings.com

Innovations – Child and Adolescent Day programs Partial Hospitalization Program and Intensive Outpatient Program for children elementary – high school aged. Services provides services for depression, anxiety, aggression, defiance, self-harm and others. Complimentary transportation is available. Education services provided. 6421 Camp Bowie Blvd. Fort Worth, TX 76116 817-292-4600

Excel Center of Willow Park Provides specialized treatment for adolescents who have emotional, behavioral and/or substance abuse concerns. Offers short term outpatient treatment services. 136 El Chico Trail, Suite 104-105, Willow Park, TX 76087 817-678-8808 www.excelwillowpark.com

Perimeter Behavioral Hospital of Arlington Provides inpatient and outpatient treatment for children (5-12), adolescents (13-17) Young Adults (18-25) for the specific treatment of trauma, mental health, and chemical dependency challenges. 7000 US Hwy 287, Arlington, 76001, 817-662-6341 <https://www.perimeterhealthcare.com/facilities/perimeter-behavioral-hospital-of-arlington/>

Parenting Information/Assistance

The Parenting Center 2928 West 5th Street Fort Worth, Texas 76107 (817) 332-6348
www.theparentingcenter.org Parenting Advice Line (M-5 12-3) (817) 332-6399 Services offered: Co-parenting/Family Transitions services, first-time young parents; individual/family therapy; group therapy; marriage counseling; play therapy, family life education classes, in home case management.

Family Matters Counseling Office of the Lena Pope Home Offices in Arlington, Fort Worth, Hurst Erin Fairleigh (817) 255-2652 (call for referrals) (817) 731-8839 (24 hour help line answered by a licensed counselor) Specializes in: Individual/ Marital/Group counseling/Parenting groups/Anger Management groups Information: Accepts several insurance plans or sliding scale fees

212 In Home Behavioral Program www.jaleaseals.com/212-in-home-behavioral-plan/

Lee Counseling Services, 108 S. Brazos, Weatherford, TX 76086, 682-514-9225,
www.LeeCounselingServices.net

Suicide Prevention

National Suicide Prevention Lifeline <http://www.suicidepreventionlifeline.org> / For immediate after-hours support call 1-800-273-TALK (8255)

National Suicide Prevention Resource Center <http://www.sprc.org/>

Texas Suicide Prevention Resources <http://www.texassuicideprevention.org/>

Texas Health Resources Behavioral Health 101 Crown Point Blvd. 2717 Tibbetts Dr. Willow Park, TX 76087 Bedford, TX 76022 817-757-1500 817-355-7700

Pecan Valley Centers (Behavioral Health) MCOT (Mobile Community Outreach Team) 1715 Santa Fe Dr P.O. Box 894 Weatherford, TX 76086 817-599-7634 Crisis line: 1-800-772-5987

Christian Based Counseling

Safe Harbor Counseling Provides access to a variety of licensed counselors 299 Canyon Ct. Willow Park 76087 (817) 441-9345

Family Counseling and Wellness Center Dr. Joy McInvale: Counselor 1349 Precinct Line Hurst 76053 (817) 268-6735 www.817counsel.com Work with: Children/Adolescents/Adults Specializes in: Self Esteem; Children of Divorce; Anger Management; Eating Disorders; ADD/ADHD; Spiritual./Religious concerns; Depression; Anxiety; Grief; Addictions; Divorce; Substance Abuse; Eating Disorders; Stress Management; Sexual Abuse/Trauma; Play Therapy

Tamara Helton and Marjean Nelson 1674 Keller Parkway (in the Cambridge Woods Office Complex) Keller 76248 (817) 741-7999 Specialize in: Children; Adolescents; Adults; Couples; Play Therapy; Broad range of issues; Christian-based counseling available Tamara Helton – Works primarily with individuals 10years and older Marjean Nelson – Works primarily with individuals 6-7 years and older

Cornerstone Counseling Center 4037 Parchman St Fort Worth 76180 (817) 595-2520 www.cstonecounseling.org Potential Contacts: Peggy Nix – Play Therapy; Shirl Benton Specialize in: School related issues; children/adolescent/family therapy; play therapy; marriage therapy; wide variety of issues

Family Christian Resources 6250 North East Loop 820 Fort Worth 76180 (817) 281-0101, ext. 1 Specialize in: Families; Individuals; Adolescents; Children

The Center for Christian Counseling 209 North Industrial Blvd. Ste 237 Bedford 76021 (469) 635-2200 <http://www.c3christiancounseling.com> Specializes in: Marriage/Premarital/Family/Individual Counseling

Lee Counseling Services, 108 S. Brazos, Weatherford, TX 76086, 682-514-9225,

www.LeeCounselingServices.net

Counseling List of Play Therapy

Brenda Anderson, LPC play therapy (817) 594-1949

Beverly Worley 5608 Malvey Ste. 306 Fort Worth 76107 (817) 996-8890 Information: Masters in Psychology Works with: Children (12 years and younger – some adolescents), Adults; Family Specializes in: Play therapy and general practice

The Counseling Office Dr. Mary Costas/Dr. Elizabeth Jones 3815 Lisbon Suite 202 Fort Worth 76107 (817) 738-4660 Specializes in: Children/Adolescents/Adults/Family Counseling/ Assessment/ Play Therapy

Family Counseling - Jo-Burleson 3212 Collinsworth Fort Worth 76107 (817) 877-3707 Specializes in: Play Therapy for all ages

Dr. Barbara Howard River Plaza Counseling 2707 Airport Freeway Suite 212 (Sundance Center Building) Fort Worth 76111 (817) 335-5488 Specializes in: marriage, family, individual, children (older than 3yrs) , play therapy

Cornerstone Counseling Center Peggy Nix 4037 Parchman St Fort Worth 76180 (817) 595-2520 www.cstonecounseling.org Specializes in: Play therapy dealing with Divorce, Blended families; Behavior Management; Mood Disorders; Social Skills; Academic Concerns Information: Christian Based Counseling

Patricia Reinke, LPC 303 N. Carroll Blvd. Ste. 120 Denton 76210 (940) 243-8000 p.reinke@verizon.net Specializes in: Play Therapy; Individual Therapy from ages 2-adult; EMDR (Eye Movement Desensitization and Reprocessing)for individuals experiencing PTSD (Post Traumatic Stress Disorder) or other trauma

University of North Texas Counseling and Human Development Clinic Contact: Diane Moser 1400 Highland Street - Stovall Hall (940) 565-2970 <http://counseling.unt.edu/> Services offered: individual and group counseling services to clients of all ages; Counseling to address personal, social, and emotional concerns; Traditional individual and group counseling; Biofeedback; Play therapy; Activity therapy; and Career counseling.

Counseling Resource List Jenny

Streit-Horn, M.S., LPC-S, NCC 1124 N. Locust Denton 76021 (940) 382-6141 Office jshorn@websentia.us

Information: Private practice; Works out of the Family Chiropractic Center Specializes in: Play Therapy, Depression; Anxiety; Grief; Trauma

Works with: children, adolescents, adults

Suzanne David, Med; LPC, RPT 12820 Hillcrest Suite C124 Dallas 75230 (972) 728-1566 sgdavidMEd@aol.com Works with: Children ages 4-14; Play Therapy

Gina Galloway, Ph.D. 1660 Keller Parkway, Suite 103 Keller 76248 (817) 932-3105 www.ginagalloway.com cgalloway@hotmail.com Specializes in Play Therapy, Individual, Couples, & Family

Kelly Guidry, M.Ed., LPC (not accepting new clients) Counselor/Play Therapist 1858 E. Keller Parkway Suite D Keller 76248 (817) 475-1681

Parker County Counselors/Therapists

Maverick Street Counseling, 104 Maverick (Aledo) (817) 441-8979,
www.maverickstreetcounseling.com

Dr. Brandi Buckner/PhD, LPC, Certified Imago Marriage Therapist (Weatherford) (817) 596-8410

Counseling by Debbie 682-234-5298, Aledo, TX Specializes in: Depression, anxiety, trauma grief, loss, play therapy

Alliance Child and Family Solutions 817-851-2042 www.acfstexas.com

Farhat Family Counseling 117 John Street, Aledo, TX 76008, 817-952-9287, ages 3-18, parents, and families <http://www.farhatfamilycounseling.org/>

Safe Harbor Counseling Center, Inc., 207 Canyon Court, Willow Park, TX 76087, 817-441-9345
<http://www.safeharborcounseling.org/>

Hope Counseling and Consulting Services, PLLC, Mary Katherine Nader, 817-458-2482, 117 John St., Aledo TX 76008

Ingrid Martin Counseling, 954-907-0803, Weatherford, Mineral Wells, Fort Worth

Lee Counseling Services, 108 S. Brazos, Weatherford, TX 76086, 682-514-9225 (Medicaid/Medicare)

Mary Beth Dennie, 300 S. Main Suite 201, Weatherford, TX 76086, 817-629-9132

Counseling with April, April Carpenter, 106 Austin Avenue Suite 201, Weatherford, TX 76086, 682-803-0201

Linda Levine, 106 Austin Avenue Suite 107, Weatherford, TX 76086, 817-371-1388 (Medicaid)

Tarrant County Counseling Services

Dr. Brandi Buckner/PhD, LPC, Certified Imago Marriage Therapist (Weatherford) (817) 596-8410

Tricia Baldwin, Play Therapy 8500 Chapin Rd., Fort Worth 76116 (817) 371-7066 Provides access to a variety of licensed counselors

Lisa Blackwell, LPC (817) 542-1316

Debbi Dunbar, LPC FW (817) 739-2421

Leigh Ann Smith, LPC (Adolescents) (817) 926-1148

Emily Haeussler, R.D., L.D. (eating disorders) (817) 797-9244

Janice Miller, LPC (Fort Worth) (817) 738-0100

Barbara Howard, PhD (Fort Worth) (817) 335-5488

Dr. Tony Machi Board Certified Child and Adolescent Psychiatrist (817) 731-3700

Daphne Wilson, LMSW (817) 738-3171, ext. 108

Harry Klinefelter, PhD (Imago) (Couples) (817) 735-8245

Dr. Carla Garber 4200 South Hulen Street Ste. 318 Fort Worth 76109 (817) 732-5290 Specializes in: Eating disorders/potential eating disorders; Children/Adults

Deborah Ferguson Cain, LPC (Arlington) (817) 975-1449

Melinda Kallmeyer, free counseling provided by ACH (817) 335-HOPE (4673) (requires referral directly

Bethany, Yates, and Associates 803 Stadium Drive Arlington 76011 (817)459-2003 Specializes in: kids/anger/trauma/grief and loss/truancy Information: 7 associates practice at this agency

Michael Carney Carney Counseling and Family Services LLC 6039 Interstate 20 West Arlington, TX 76017-1042 (214) 931-9949 Specializes in: Adolescent Behavior Problems, Divorce/separation, Co-parenting and blended families, depression, bipolar, anxiety

Penny Haight, LPC-S Debbie Thornton, LPC (former AISD counselor) Counseling by Penny 4545 Bellaire Dr. S Fort Worth 76109 (817)657-1115 penny@counselingbypenny.com counselingbydebbie@gmail.com 682-234-5298 Specializes in: Depression, anxiety, trauma grief, loss, play therapy

Dr. Kathy Jordan/ Connie Moulder, LPT 5750 Rufe Snow Suite 130 North Richland Hills, Texas (817)581.4946 Dr. Jordan specializes in: Children 9 years and older Connie Moulder specializes in children up to 9 years of age

Pamela Bolen 6222 Colleyville Blvd. Ste. A Colleyville, Texas 76034 (817) 416-5867 Specializes in: Family therapy; works with kids/adolescents; marriage counseling; addiction

Brian Rees, Ph.D. Adolescent and Young Adult Therapy 400 N. Main Street, Ste, 104 Grapevine, Texas 76051 (817)715-7373 www.drbrianrees.com

Dr. Dick Miller 4001 West Airport Fwy Bedford, Texas 76021 (817) 283-8484 Information: Clinical Psychologist Specializes in: Adolescents (ages 13 and older); Marriage and Family Counseling; Drugs/Alcohol

Vickie A. Beavers, MS., LPC, LMFT Family Therapist/Registered Play Therapist 200 Rufe Snow N. Suite 121 Keller, Texas 76248 (817)485-8321

Gina Galloway, Ph.D. 1821 Davis Blvd #310 Keller, TX 76248 (817)932-3105
www.ginagalloway.com gcgalloway@hotmail.com Specializes in Play Therapy, Individual, Couples, & Family

Tamara Helton Marjean Nelson 1674 Keller Parkway (in the Cambridge Woods Office Complex) Keller, Texas 76248 (817)741-7999 Specialize in: Children; Adolescents; Adults; Couples; Play Therapy; Broad range of issues; Christian- based counseling available Tamara Helton – Works primarily with individuals 10years and older Marjean Nelson – Works primarily with individuals 6-7 years and older

Dr. Elliott E. Connie 1660 Keller Parkway, Suite 103 Keller, TX 76248 (817) 602-1714
www.elliottconnie.com contact@elliottconnie.com Specializes in Individual, Couples, and Family Therapy

Cassie Reid: 181 Grand Avenue, #230 Southlake 76092 (817) 756-1440 cassandrareid@msn.com

Dr. Michelle Bengston, PhD. Neuropsychological Assessment Counseling Southlake, Texas (817) 251-0911 Information: Works with all ages from 6months up Specializes in: Testing, Individual therapy

Jackie Keish, Ph.D, LPC 2445 E. Southlake Blvd., Ste. 100 Southlake, Texas 76092 817-421-5555, Cell: 817-521-0566

Erath County/Stephenville Counseling Services

Lovell Counseling Services (254) 968-4020

Serenity Place Counseling (254) 968-2993

Cathy Gregory; MSW, LCSW (254) 592-4365

Gina Martin; MS, LPC (254) 644-6975

Jeannie Howard; MS, LPC (254) 977-3339

Bilingual Psychotherapists:

Rick Saldivar, LCSW (817) 360-2983

Zoricelis Davila, LPC (817) 207-9119